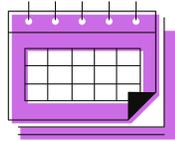




The CEI Sexual Health Center of Excellence presents the

# SEXUAL HEALTH LUNCH & LEARN WEBINAR SERIES

## CONTRACEPTION MYTHS: WHAT PATIENTS HEAR - AND WHAT PROVIDERS SHOULD KNOW



**Monday March 9, 2026**

**12:00 – 1:00 PM**

### LEARNING OBJECTIVES:

1. Identify common misconceptions about the efficacy, safety, and appropriate use of major contraceptive methods including emergency contraception, long-acting reversible, barrier, and hormonal methods.
2. Explain the evidence that counter prevalent myths about contraception, such as impacts on fertility, cancer risk, weight change, bone health, and long-term health.
3. Apply myth-busting strategies in practice by responding accurately to common patient or public concerns about contraception.

Presented by



**Stacy Sun, MD, MPH**

Assistant Professor

University of Rochester School of  
Medicine and Dentistry

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Questions? Contact [Jessica\\_VanScott@urmc.rochester.edu](mailto:Jessica_VanScott@urmc.rochester.edu)



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### CME ACCREDITATION/CERTIFICATION:

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.